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Kabuki Syndrome: A Rare Genetic Multisystem Disorder in Bangladesh

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Keywords

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Introduction

Kabuki Syndrome (KS) is a rare multisystem genetic disorder. Patients present with unusual facial appearance with mental retardation along with other system involvement like cardiac, renal, neuropsychiatric disorder, hypodontia and post-natal growth retardation. Fundamental characteristics are called "Pentad of Niikawa" which includes dysmorphic face, skeletal abnormalities, dermatoglyphic abnormalities, mild to moderate mental deficit and post-natal growth retardation. Patients with KS are reported from different parts of globe.

Purpose of reporting the case of a Bangladeshi female child diagnosed as Kabuki syndrome with all her clinical features, laboratory tests and genetic report. This case highlights the existence of the syndrome with its complexities. Management of the patient is supportive by multidisciplinary team for better outcomes as there is no cure till now. Prevention approaches with promotion of growth and development of the affected children should be provided.

Detection of rare genetic case like Kabuki Syndrome (KS) is very important and challenging in developing countries like Bangladesh where scope of genetic test is limited. So we can adopt some physical signs as criteria for diagnosis and implication of a patient with KS.

Case Presentation

A 9-years 2-months-old Bangladeshi girl, 1st issue of non-consanguineous parents presented with complaints of fever, cough with a history of recurrent respiratory tract infection and was seen in our hospital. She was born of at term by LUCS weighed 2.6 kg. Antenatal history was unremarkable. She was born with congenital pneumonia, congenital heart disease and neonatal hyperbilirubinaemia and needed 2 weeks NICU management. She has delayed developmental milestones. She walked at 3 years of age, speech was delayed and not yet fluent. She has seizure with poor IQ (< 70). Family

history was unremarkable. She had history of recurrent infection in early childhood. She is overweight (BMI-23.1 kg/ $\rm m^2$, 97%), short statured (Height-118 cm, < 2 SD) and having microcephaly (OFC-47.5 cm, < 2 SD) with dysmorphic facies. Her clinical features comparing with major and minor criteria of Kabuki syndrome is given in Table 1 and Table 2 [1]. She was vitally stable, conscious with refractive error (myopia), hearing loss on right ear by audiogram, exaggerated jerks, extensor planter with trendelenburg gait. Her routine blood and urine test were normal with normal level of amino acids, organic acids and Fatty acids levels detected by Tandem Mass Spectrometry (TMS) Figure 1, Figure 2, Figure 3 and Figure 4.

She has small sized and multicystic right kidney with normal left kidney detected by ultrasonography, echocardiography detected mild left pulminary artery origin stenosis, trival tricuspid regurgitation with abnormal interventricular septum motion, X-ray hip revealed congenital dislocation of both hip joints with under developed bones of pelvis, Electroencephalography detected focal epileptiform discharges over left frontal head region, Computed Tomography of brain was normal, karyotyping was shown 46 XX. Clinical exomesequencing revealed heterozygous mutation in KMT2D gene (Table 3). Therefore diagnosis was confirmed as Kabuki Syndrome-1.

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Table 1: Clinal features of the patients with KS and The reported case.

Major features of KS	Patient with KS (Cumulative %)	The reported case
Characteristic face	100	+
Long palpebral fissures	99	+
Abnormal dermatoglyphics	96	+
Short nasal septum	92	-
Persistent fingertip pad	89	+
Malformed ear	87	+
Arched eyeborows	85	+
Long eye lashes	85	+
IQ < 80	84	+
Prominent ears	84	+
Depressed nasal tip	83	+
Short fifth digit	79	+
Joint laxity	74	+
High arched palate	72	+
Abnormal dentition	68	+
Hypotonia	68	+
Short stature (< 2 SD)	55	+
Ptosis	50	-
Minor features of KS		
Cardiovascular anomaly	42	+
Cleft lip and/or Cleft palate	35	-
Scoliosis	32	+
Deformed vertebra/rib	32	-
Blue sclera	32	-
Kidney/urinary tract malformation	31	+
Premature the larche	28	-
Hearing loss	28	+
Lower lip pits	27	-
Preauricular pits	22	-
Hip dislocation	18	+
Seizure	17	+

Table 2: Laboratory investigations.

	Result	Normal range
25 OHD ₃ (ng/ml)	13.8	30-100
FT4 (ng/dl)	1.29	0.70 -1.48
TSH (μU/ml)	0.724	0.730-4.090
IGF-1 (ng/dl)	215	67-405
LDL-C (mg/dl)	178	< 130
Basal cortisol (mmol/L)	323.56	101.2-690.0
S Creatinine (mg/dl)	0.7	0.52-1.04



Figure 1: Dysmorphic facies.



Figure 2: Malaligned teeth with caries teeth.

Discussion

Kabuki syndrome is a rare genetic multisystem disorder. Initially it was thought to be specific to Japanese individuals only. One study was conducted over 62 patients in Japan and prevalence of KS was found in 1/32,000, all were sporadic, the sex ratio was even, there was no correlation with birth order, the consanguinity rate among the parents was not high and no incriminated agent was found that was taken by the mothers during early pregnancy [2]. However, there are reports of KS in a variety of ethnic groups including Northern European, Brazilian, Vietnamese, Filipino, East Indian, Arabic, Chinese, Mexican, and African [3]. The global incidence of KS is not known [4].

Clinical characteristics of Kabuki syndrome (KS) is characterized by typical facial features (long palpebral fissures

Table 3: Result of clinical exome sequencing.

Pathogenic variant causative of the reported phenotype was identified						
Gene (Transcript) ‡	Location	Variant	Zygosity	Disease (OMIM)	Inheritance	Classification
KMT2D (-) (ENST00000301067)	Exon 39	c.12137delG (p.Gly4046GlufsTer4)	Heterozygous	Kabuki syndrome-1	Autosomal dominant	Pathogenic



Figure 3: Feotal finger pad.

with eversion of the lateral third of the lower eyelid; arched and broad eyebrows; short columella with depressed nasal tip; large, prominent, or cupped ears), minor skeletal anomalies, persistence of fetal fingertip pads, mild-to-moderate intellectual disability, and postnatal growth deficiency. Other findings may include: Congenital heart defects; genitourinary anomalies; cleft lip and/or palate; gastrointestinal anomalies including anal atresia, ptosis, and strabismus; and widely spaced teeth and hypodontia. Functional differences can include: Increased susceptibility to infections and autoimmune disorders, seizures, endocrinologic abnormalities (including isolated mature thelarche in females), feeding problems, and hearing loss [5].

Definitive diagnosis of KS can be made in an individual of any age with a history of infantile hypotonia, developmental delay and/or intellectual disability, and one or both of the following major criteria: 1) A pathogenic or likely pathogenic variant in KMT2D or KDM6A; and 2) Typical dysmorphic features (defined below) at some point of life. Typical dysmorphic features include long palpebral fissures with eversion of the lateral third of the lower eyelid and two or more of the following: a) Arched and broad eyebrows with the lateral third displaying notching or sparseness; b) Short columella with depressed nasal tip; c) Large, prominent or cupped ears; and d) Persistent fingertip pads [6,7]. Patient with KS may have multisystem involvement given in Table 4 [4,8].

In developing diagnostic criteria for KS, the expert panel



Figure 4: Hip joints-dislocated with under developed pelvis.

performed a systematic review of information from the published literature on the features that are more specific for KS, particularly those features that are seen in individuals who have a known pathogenic variant in KMT2D. There is limited information on the range of clinical features seen in individuals who have a heterozygous or hemizygous pathogenic variant in KDM6A. While the typical facial gestalt and many of the other common features of KS, including mild humoral immunodeficiency, have been reported in these individuals as well, the frequency of such findings in larger cohorts of affected individuals is unknown [9-11]. Makrythanasis, et al. [12] identified 10 features found more commonly in individuals with pathogenic variants in KMT2D: Blue sclerae, arched eyebrows, broad nasal root, depressed nasal tip, large dysplastic ears, thin vermilion of the upper lip and thick vermilion of the lower lip, joint laxity, short stature, frequent infections, and intellectual disability. Characteristic dental abnormalities (absent lateral upper incisors, absent lower incisors and/or second premolars, abnormal 'flat head' screwdriver shape of the upper incisors) may be more common in those with a heterozygous pathogenic variant in KMT2D [13]. Furthermore, renal anomalies, premature thelarche in females, palatal anomalies and feeding problems are seen more commonly in those with a pathogenic variant in KMT2D compared with those who do not have a pathogenic variant in KMT2D [14-16]. Makrythanasis, et al. [12] developed a phenotypic scoring system with the purpose of determining which individuals were more likely to have a pathogenic variant in KMT2D. Two small validation studies of the scoring system were then published by Paděrová, et al. [17] and Paderova, et al. [18]. In both studies the number of individuals included was small

Table 4: Clinical evaluation (multisystem involvement) of patients with KS.

Body weight and growth	Typically born with normal growth parameters, fail to thrive during infancy (Sucking and swallowing problem, gastroesophageal reflux), Over weight and Obesity	
Otolaryngological findings	Dysmorphic pinnae, otitis media and hearing loss (conductive hearing loss & sensor neural typo f hearing loss)	
Ophthalmological findings	Ptosis, strabismus, blue sclera and refractive error	
Cardiac malformations	Prevalence -40-50%. Atrial septal defects, Ventricular septal defects, and Aortic coarctation	
Gastrointestinal abnormalities	Intestinal malrotation, abnormalities of the anus or rectum, biliary atresia, hepatic fibrosis, and sclerosing cholangitis	
Cancer	Neuroblastoma, hepatoblastoma, Epstein-Barr virus (EBV)-positive Burkitt's lymphoma	
Urogenital abnormalities	Prevalence: 30%-40% hydronephrosis, abnormal kidney position, renal hypoplasia or dysplasia, and fusion defects in the kidneys, cryptorchidism (25%), small penis (10%) and hypospadias renaduplication, multicystic dysplastic kidneys, ectopic kidneys or a duplicated ureter	
Endocrinological findings	Premature thelarche, hypothyroidism, hyperin-sulinism hypoglycemia, diabetes insipidus, primary ovary dysfunction, growth hormone deficiency, short stature	
Skeletal findings	80% of KS cases has skeletal abnormalities (rib anomalies, vertebrae malformations, scoliosis, cleft hand, and brachydactyly and/or clinodactyly of the fifth digit, coronal and metopic synostosis)	
Skin and connective tissue disorders	Persistence fetal finger pads-common and distinctive symptom of KS abnormal dermatoglyphic pattern, hypothenar and interdigital ulner loop patterns, facial laxity, joint hyperlaxity and joint dislocations	
Immunologic/hematologic abnormalities	Middle ear and upper airway tract infection due to decreased IgA and IgG and severe immunodeficiency with hypogammaglobulinemia, acute lymphocytic leukemia, idiopathic thrombocytopenic purpura and/or hemolytic anemia	
Neurological symptoms and developmental/behavior problems	Hypotonia, seizure, cerebral atrophy, ventriculomegaly, microcephaly, autism, intellectual disability, psychomotor development and adaptive behavior	

Table 5: Kabuki Syndrome phenotypic scoring system.

Phenotypes		
Clinical finding	Possible score	Scored features
Facial	0-5 points +	Abnormal dentition.
features		Arched eyebrows, sparse lateral one-third.
		Blue sclerae.
		Broad nasal root.
		Everted lower eyelids.
		Flat nasal tip.
		High or cleft palate.
		Large dysplastic ears.
		Lip nodules.
		Long palpebral fissures.
		Micrognathia.
		Oiigodontia.
		Plosis.
		Strabismus.
		Thin vermillion of the upper lip and full lower lip.
Limb/ extremity features	Up to 1 point	Brachydactyly or clinodactyly.
		Hip dislocation.
		Lax joints.
		Persistent fetal pads.
Heart	1 point	

Kidney	1 Point	
Microcephaly	1 Point	
Short stature	1 Point	
Sum	0-10 Points	

Adapted from Makrythanasis, et al. [12] 10-3 features = 1 Point; 4-6 features = 2 Points; 7-9 features = 3 Points; 10-12 features = 4 Points; 13-15 features = 5 Points; 0-1 features = 0 Point; 2-4 features = 1 Point.

and overlapping.

Using the clinical scoring system reported by Makrythanasis, et al. [12] it was found that individuals with a score above 6.0, had a pathogenic variant in KMT2D and no individual with a score below 5.0 was found to have a pathogenic variant in KMT2D. But limitation of the phenotypic scoring system is that it is not applicable to the neonate. Therefore, in order to make a definitive or probable clinical diagnosis of KS, long palpebral fissures with eversion of the lateral third of the lower eyelid at some point of life is required. The authors applied the proposed diagnostic criteria to three individuals with mosaic KS reported in the literature [19]. Each reported patient had a mosaic heterozygous pathogenic variant in KMT2D and was reported to have mild clinical features of KS. Using the proposed clinical diagnostic criteria (ignoring the molecular confirmation), two out of three of these reported individuals would have been given a definitive clinical diagnosis of KS [6] Table 5.

According to the clinical scoring system reported by Makrythanasis, et al. [12] our reported case scores above 8.0 and clinically diagnosed as KS which was confirmed of heterogenous mutation of KMT2D gene by clinical exome sequencing. Her management continued with antiepileptic drug for seizure control with speech therapy, occupational and physiotherapy. Genetic counseling was done. She is attending inclusive school and her activity of daily living mostly independent. Appearance of her parents and younger sib are normal and her sib studies in main stream school. Family screening was advised but not yet done.

Genetic basis of Kabuki syndrome is heterozygous mutations in the KMT2D gene (also known as MLL2) inherited in an autosomal dominant pattern, known as Kabuki syndrome type-1 and is about 55-80% of total case. Another mutation in the KDM6A gene inherited in an X-linked dominant pattern, known as Kabuki syndrome type-2 and it is about 2-6% [15,20,21]. Some people with Kabuki syndrome have no identified KMT2D or KDM6A gene mutation. The cause of the disorder in these individuals is unknown. Most cases of Kabuki syndrome are not inherited from a parent and result from a new mutation in one of these genes (in people with no history of Kabuki syndrome) [8].

Management of the patients with KS is supportive by the multidisciplinary team for better outcomes as there is no cure till now. It requires an individualized, multidisciplinary and coordinated plan of a team of specialists who will provide treatment and support of the patient as required. It can include a paediatrician, developmental paediatrician, cardiologist, orthopedic surgeon, dental surgeon, endocrinologist, speech/language therapist, developmental and occupational therapist, geneticist and an immunologist, although need for these subspecialists depend upon the patient's phenotype [22].

In conclusion, presentation of KS is variable as per reviewing of different journal and articles. They may present in various way like hypotonia, recurrent infections, growth retardation/obesity, hearing or visual problem, neuropsychiatric disorders or language problem, epilepsy along with characteristic facial findings. It is very important to be focused on the existence of the syndrome and its complexity and should be able to diagnose clinically by using the proposed clinical diagnostic criteria (ignoring the molecular confirmation) and early management by multidisciplinary team depends on patient phenotype as there is no specific treatment available yet. Further research is recommended for specific management in future.

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