Table 1: The Oxford Knee Score (OKS):

The Oxford Knee Score is a 12-item patient-reported specifically designed and developed to assess function and pain after total knee replacement (TKR) surgery (arthroplasty). It is short, reproducible, valid and sensitive to clinically important changes.

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| 1. How would you describe the pain you usually have in your knee?  |   | 7. Could you kneel down and get up again afterwards? |
|  | None  |   |  | Yes, easily |
|  | Very mild |   |  | With little difficulty |
|  | Mild |   |  | With moderate difficulty |
|  | Moderate |   |  | With extreme difficulty |
|  | Severe |   |  | No, impossible |

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| 2. Have you had any trouble washing and drying yourself (all over) because of your knee?  |   | 8. Are you troubled by pain in your knee at night in bed? |
|  | No trouble at all |   |  | Not at all |
|  | Very little trouble |   |  | Only one or two nights |
|  | Moderate trouble |   |  | Some nights |
|  | Extreme difficulty  |   |  | Most nights |
|  | Impossible to do |   |  | Every night |

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| 3.  Have you had any trouble getting in and out of the car or using public transport because of your knee? (With or without a stick)  |   | 9. How much has pain from your knee interfered with your usual work? (including housework)  |
|  | No trouble at all |   |  | Not at all |
|  | Very little trouble |   |  | A little bit |
|  | Moderate trouble |   |  | Moderately |
|  | Extreme difficulty |   |  | Greatly  |
|  | Impossible to do |   |  | Totally |

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| 4. For how long are you able to walk before the pain in your knee becomes s eve re? (With or without a stick)  |   | 10. Have you felt that your knee might suddenly ï¿½give awayï¿½ or let you down?   |
|  | No pain > 60 min |   |  | Rarely / Never |
|  | 16 - 60 minutes |   |  | Sometimes or just at first   |
|  | 5 - 15 minutes |   |  | Often, not at first |
|  | Around the house only |   |  | Most of the time |
|  | Not at all - severe on walking |   |  | All the time |

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| 5. After a meal (sat at a table), how painful has it been for you to stand up from a chair because of your knee? |   | 11. Could you do household shopping on your own? |
|  | Not at all painful |   |  | Yes, easily |
|  | Slightly painful |   |  | With little difficulty |
|  | Moderately pain |   |  | With moderate difficulty |
|  | Very painful |   |  | With extreme difficulty |
|  | Unbearable |   |  | No, impossible |

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| 6. Have you been limping when walking, because of your knee?  |   | 12. Could you walk down a flight of stairs? |
|  | Rarely / never |   |  | Yes, easily |
|  | Sometimes or just at first |   |  | With little difficulty |
|  | Often, not just at first |   |  | With moderate difficulty |
|  | Most of the time |   |  | With extreme difficulty |
|  | All of the time |  |  | No, impossible |

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| Grading for the Oxford Knee Score  |
| Score 0 to 19 | May indicate severe knee arthritis. It is highly likely that you may well require some form of surgical intervention, contact your family physician for a consult with an Orthopaedic Surgeon.  |
| Score 20 to 29 | May indicate moderate to severe knee arthritis. See your family physician for an assessment and x-ray. Consider a consult with an Orthopaedic Surgeon. |
| Score 30 to 39 | May indicate mild to moderate knee arthritis. Consider seeing your family physician for an assessment and possible x-ray. You may benefit from non-surgical treatment, such as exercise, weight loss, and /or anti-inflammatory medication  |
| Score 40 to 48 | May indicate satisfactory joint function. May not require any formal treatment. |