Archives of Oral and Maxillofacial Surgery

Short Communication DOI: 10.36959/379/374

A Hidden Oral Lesion

Sagar Khanna, BDS, DDS*

Oral and Maxillofacial Surgery, Cleveland Clinic Foundation, Cleveland, OH, NY, USA



Abstract

A 60-year-old man with a 10-pack-year smoking history was seen in the Oral surgery clinic for pain upon tongue movement especially with eating. A physical examination revealed a 1 cm by 3 cm exophytic mixed red and white lesion in the floor of the mouth and the ventral surface of the tongue extending posteriorly on the right side (Figure 1). On palpation, this was tender, firm, fixed, sessile with raised areas and rolled margins. Differential diagnoses included a squamous cell carcinoma or benign lesions such as verruca vulgaris or a squamous papilloma. Histopathology demonstrated a well-differentiated squamous cell carcinoma with islands of malignant squamous epithelium invading into the lamina propria with keratin pearl formation. Patient underwent surgical resection followed by chemo-radiation with an uneventful post-treatment course. There remains a need for public education on oral manifestations of tobacco and the need for oral examinations.

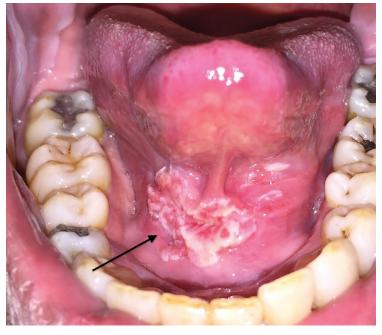


Figure 1: A physical examination revealed a 1 cm by 3 cm exophytic mixed red and white lesion in the floor of the mouth and the ventral surface of the tongue extending posteriorly on the right side.

*Corresponding author: Sagar Khanna, BDS, DDS, Oral and Maxillofacial Surgery, Cleveland Clinic Foundation, Cleveland, OH, NY, USA, Tel: +1-507-206-1498

Accepted: April 28, 2022

Published online: April 30, 2022

Citation: Khanna S (2022) A Hidden Oral Lesion. Archives Oral

Maxillofac Surg 5(1):174

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