



Case Report

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Sublingual Compartment Resection for the Management of Squamous Cell Carcinoma of the Oral Tongue and Floor of Mouth

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Abstract

Purpose: Lingual lymph node (LLN) metastases have been identified in the resection specimens of squamous cell carcinoma (SCC) of the oral tongue and floor of mouth.

They lie above the mylohyoid muscle, and they are excluded from the extent of a discontinuity neck dissection.

The purpose of this study was to determine the frequency of LLN in a series of resection specimens of SCC of tongue-floor of mouth, and discuss its relevance to the philosophy of compartment tongue-floor of mouth resection.

Methods: The authors undertook a retrospective cohort study of the pathology records of 181 patients who underwent wide local excision of the tongue and floor of mouth compartment, in combination with an appropriate neck dissection and free flap reconstruction for SCC.

A descriptive analysis was undertaken of those patients who were identified as harbouring LLN in their resection specimen.

Results: We identified that 7.73% (n = 14) of the study cohort harboured LLN. There were eight males and six females. Their average age was 61.85 (range: 56-72).

The average depth of tumour invasion was 11.02mm (range: 1-20). (n = 12 patients with tumor depth of invasion at least greater than 5 mm)

Three patients had positive LLN (1.65% of total cohort and 21.4% of LLN cohort); one median, and two lateral.

Conclusions: LLN (first echelon nodes) can potentially allow for either the local uptake or direct passage of tumour emboli into the cervical lymph node. Their presence in SCC of tongue-floor of mouth may portend a poor prognostic outlook if they are not resected at the time of primary surgery. Our study lends further support to the argument that the surgical management of SCC of tongue-floor of mouth should include a sublingual compartment resection in combination with an appropriate neck dissection.

Keywords

Lingual lymph nodes, Tongue cancer

Introduction

Squamous Cell Carcinoma (SCC) that develop within the mouth, jaw and face, make up a significant proportion of the presentations of Head and Neck cancer (HNC). Cancers of the oral cavity and oropharynx comprise a subset within these. These cancers are the sixth most common cancers worldwide [1,2].

Despite advances in the diagnosis and treatment of HN-SCC, there has been little improvement in either overall sur-

vival rates or reduction in local recurrence rates. In addition, there is a variable prognosis, even in early stage T1-T2 N0-M0 SCC oral tongue cancer [3,4].

SCC of oral tongue and floor of mouth can be regarded as a biologically distinct entity compared with cancer affecting other oral sub sites. In many cases, these cancers are more aggressive and generally associated with higher rates of metastases.

Anatomically, the tongue is a unique organ comprised

of an array of criss-crossing skeletal muscle bundles and endowed with a rich lympho-capillary drainage network. The unpredictability of lymphatic spread of tumour emboli from the tongue has long been recognised by anatomists, researchers and surgeons [4]. Interestingly a number of anatomical studies have confirmed the presence of either small groups of previously under-considered local lymphoid aggregates, deposits of mucosal associated lymphoid tissue (MALT), or structurally defined lymph nodes that are intimately associated with the tongue and floor of mouth [5]. The latter are similar to those that are resident within the regional cervical lymph nodal basin. It is well established that, once dissemination to the regional lymph nodes occurs, five-year survival is reduced by as much as 50% [3,4].

An increasing amount of literature has shown that depth of invasion (DOI) has a statistically significant correlation with the development of both local recurrence and regional lymph node metastases [6]. Despite the recent American Joint Committee of Cancer (AJCC 8th Edition) [7] decision to integrate DOI into the T category, the major limitation that continues to prevail in the diagnostic work up of HNC patients is the inability to pre-operatively identify these prognostically important histopathological risk features from biopsy specimens (for example: Brandwein-Gensler risk factors [8], and the deepest DOI across the entire tumour). This contributes to the effect of stage migration that occurs from the definitive excision.

Therefore, despite the undertaking of an appropriate oncological three-dimensional 'marginal' resection of a local tongue-floor of mouth SCC, we have occasionally observed a catastrophic early postoperative failure. Anecdotally, this seems to occur in the deep tongue or the intervening tissue that can remain between the excised primary site and the neck, especially when undertaken as a discontinuity neck dissection. This phenomenon and its potential association with the observation of the presence of lingual lymph nodes (LLN) in our practice, and as reported in the literature [9-18], underpinned our study.

Our hypothesis was that despite the successful execution of wide local excision, there are idiosyncratic anatomical features of the tongue and its adnexa that predispose to loco-regional failure. Specifically, the presence of positive LLNs that may not be removed as part of the primary tumour resection could potentially be responsible for failure resulting in loco-regional recurrence.

Materials and Methods

Study design and sample

To address the research aspect of this paper, the authors designed and implemented a retrospective cohort study of the pathology records of all patients who had undergone wide local excision of an oral tongue - floor of mouth SCC, involving a neck dissection and microvascular free flap reconstruction.

The study sample was derived from all patients who had undergone resection and free flap reconstruction of HN SCC. The period of study was May 2006 to May2020. All patients

had been referred to and attended our regional HNC-MDT, conducted at the Mater-Calvary Hospital, Newcastle, New South Wales, Australia.

All patients were operated on at the John Hunter or Newcastle Private Hospital by the one Maxillofacial Head and Neck Surgeon (GRH), and the one principal microvascular reconstructive surgeon (RLE).

The inclusion criteria were those patients who had:

- I. A Primary SCC of T2 or greater of either oral tongue or floor of mouth origin.
- II. Undergone a wide local excision of that primary tumour in association with sublingual compartment dissection, with a staging or therapeutic neck dissection
- III. Not undergone previous loco-regional radiotherapy.

Data collection

The relevant data required to undertake the study was collected from the patient electronic record system of the hospital network. All patient encounters (both inpatient and outpatient) were recorded on line using the digital medical record (DMR). The relevant data was retrieved from the DMR.

Analysis

A tabulated descriptive analysis was undertaken of the patients who were identified as harbouring LLN in their resection specimens.

Operative management resection technique

The primary tumour was removed as an extended wide local excision i.e, with a sublingual compartment resection (Figure 1 and Figure 2). This effectively entailed skeletonising the ipsilateral mylohyoid muscle and encompassing both the sublingual gland (SLG) and indicated LLNs. All patients in our series underwent microvascular free flap reconstruction of their respective deficit in order to seal the oral cavity from the neck.

Pathological process

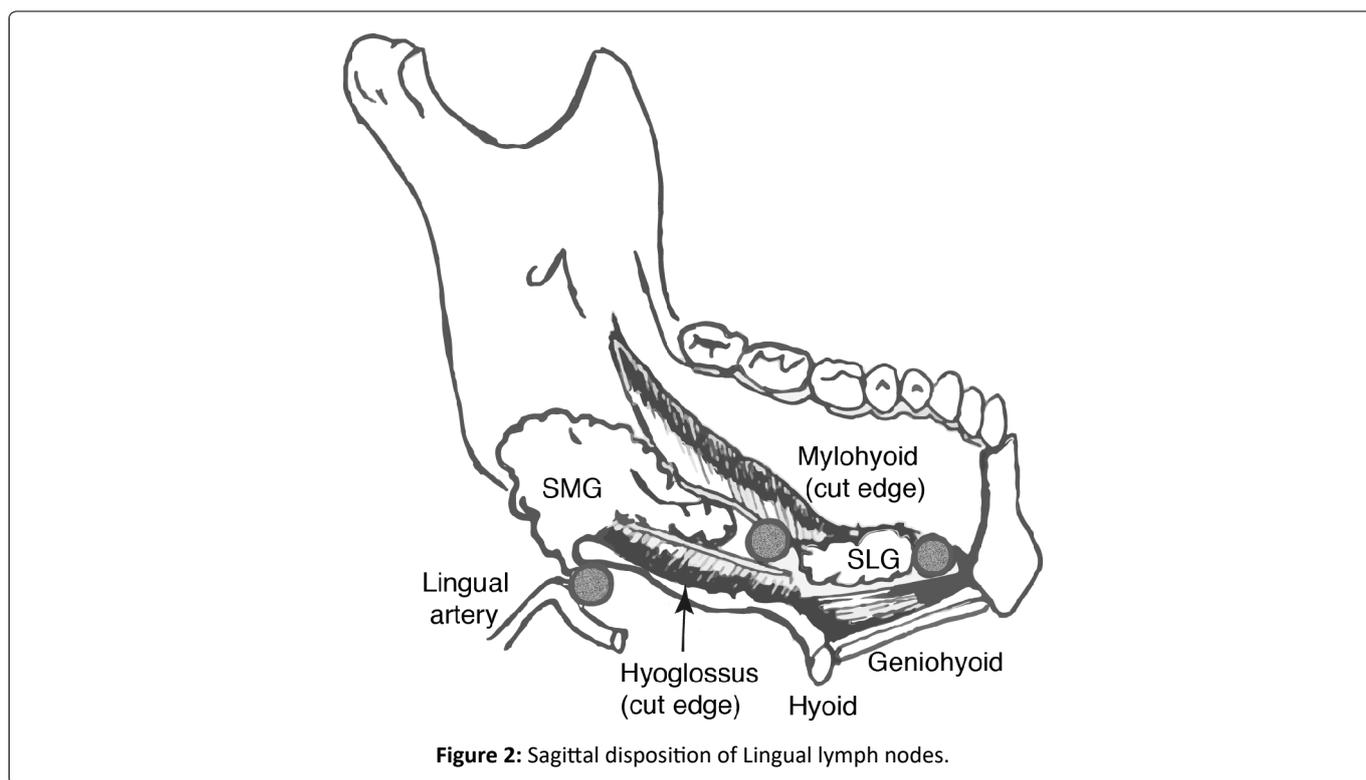
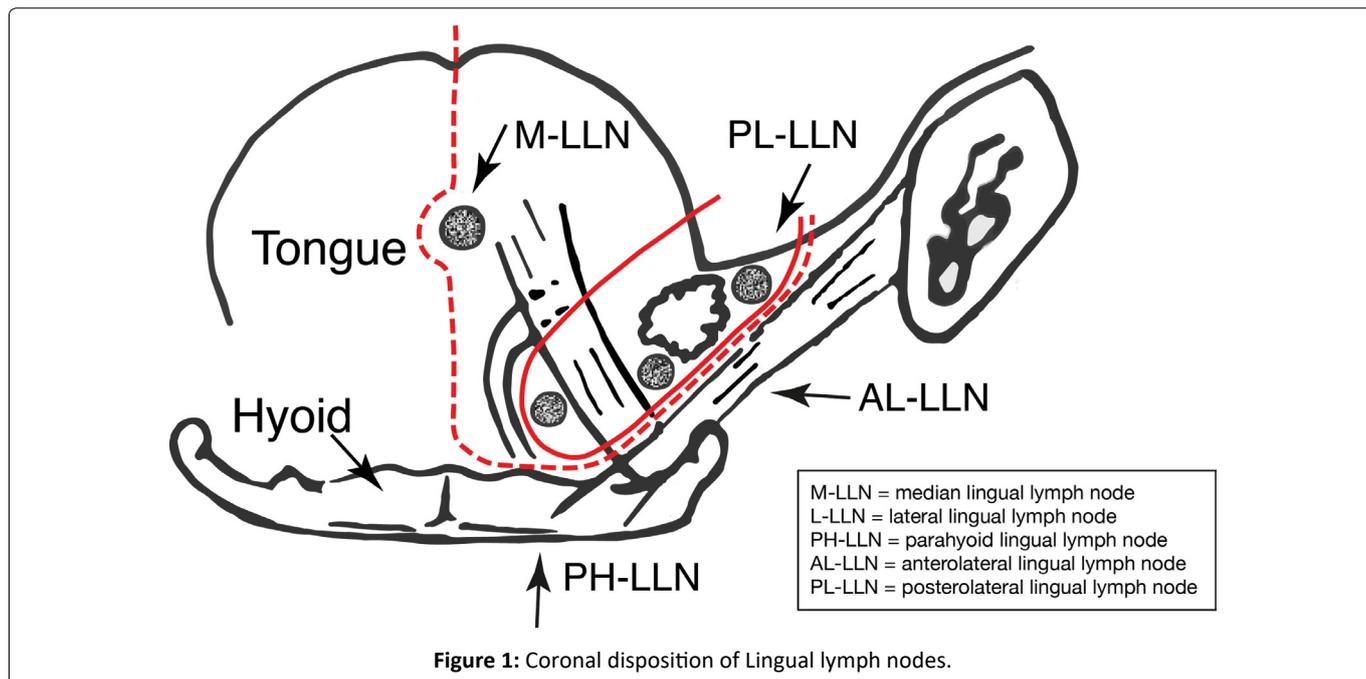
Histopathological examination of the en-bloc resected tongue and floor of mouth compartment was performed after standard preparation. The submitted specimen was sectioned in multiple planes supplemented by cruciate marginal

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shaves at multiple levels and examined by a designated head and neck pathologist. Specific attention was directed to looking for the presence of lymphoid tissue and any malignant deposits contained therein.

Ethics

The institutional review board granted an exemption in writing as the study was retrospective and the specified surgical treatment was agreed and consented to by the patients following presentation to the Regional MDT. The study was based on a chart review and the relevant pathology was as-

essed retrospectively. The study adhered to the World Medical Association declaration of Helsinki on medical protocol.

There was no funding, sponsorship, or conflicts of interest to declare.

Results

Two hundred and eighty-seven patients with primary oral cavity SCC were identified from a total of 525 patients who were surgically managed by one extirpative surgeon (GRH) for excision of a primary HNSCC that required a neck dissection, over a 14-year period from May 2006 to May 2020. Of

Table 1: Lingual lymph nodes identified in our study.

Year	Patient	Site	Depth	Stage	Lingual LN	Neck
May 2020	34 F	L Tongue FOM	13 mm	T3N2	1x Lateral LLN -	Left ipsi 2/96 Right 0/56
April 2020	68 M	Ant. FOM	17 mm	T4N1	Left parahyoid (deep lingual)	Left 1/51 Right 1/40
March 2020	64M	L Tongue	6.8 mm	T3N0	1x Lateral LLN -	Ipsilateral 0/31
Oct 2019	57 F	R Tongue	6 mm	T2N0	1x Lateral LLN -	Ipsilateral 0/39
Sep 2019	59 M	Ant FOM	15 mm	T4N2B	1x Lateral LLN -	Left 0/51 mass Right 0/50
July 2019	67 M	R Tongue	11 mm	T3N2A	1x Lateral LLN + Adj tumor ECS	Ipsilateral 0/27
April 2019	64 M	R Tongue	16 mm	T3 N0	1x Lateral LLN -	Bilateral ipsi 0/44 Contra 0/31
Feb 2019	64 F	L Tongue	9 mm	T2N2A	1x Lateral LLN -	Bilateral ipsi 1/22 (III) Contra 0/10
Aug 2018	68 M	RFOM	10.5 mm	T1N1	1x Lateral LLN -	Bilateral ipsi 1/31 IIA Contra 0/30
June 2017	68 M	R tongue	20.0 mm	T2N1	3x Median LLN +	Bilateral ipsi 0/55 Contra 0/40
Dec 2016	63 F	R FOM Mandible	4mm - 2mm	T4aN1	1x Lateral LLN -	Unilateral ipsi 1/54 (IA)
April 2016	56 F	L Tongue	20 mm	T2N2B	1x Lateral LLN +	Unilateral ipsi 4/22 (IB IIA III ECS)
June 2007	63 M	R Retromolar	5 mm	T2N1	1x Lateral LLN -	Unilateral ipsi 1/29 (II)
Aug 2006	72 F	R FOM Mandible	1 mm	T4N0	1x Lateral LLN -	Unilateral ipsi 0/39

Table 2: Published case reports identified in literature.

Year	Authors	Patients	Site	Stage	Lingual LN	Neck
1985	Ozeki [9]	49 yo M 54 yo M 63 yo M	Tongue Tongue Tongue	T3N3 T1N0 T2N1	Median LLN enlarged?? Lateral LLN + ECS Lateral LLN	Bilateral neck Unilateral neck Unilateral neck
2002	Dutton [10]	73 yo M	Tongue+FOM	T2N2B	Lateral LLN + (SLG) 2x	Unilateral neck -
2008	Han [11]	46 yo M	Tongue	T2N0	Lateral LLN + (SLG) 2x	Unilateral neck + I/II
2009	Umeda [12]	62 yo M 62 yo M	Anterior FOM Anterior FOM	T3N2C T2N2C	Lateral LLN (hyoid) Lateral LLN (SLG)	Bilateral neck Bilateral neck
2010	Ando [13]	63 yo M	Anterior FOM	T2N	3x lateral LLN (SLG) + 1 x lateral LLN (lingual artery) +	Bilateral neck I-IV I
2011	Zhang [14]	47 yo F 42 yo M	Vent tongue Vent tongue	T1N0 T2N0	2º lateral LLN (SLG) Lateral LLN + ECS (SLG)	Bilateral neck Unilateral neck
2012	Saito [15]	81 yo F	Anterior FOM	T2N0	Enhancing lateral LLN	
2017	Kaya [16]	57 yo M	Anterior FOM	T1N0	Lateral LLN ½ + (SLG)	Bilateral neck -
2017	Tomblinson [17]		Tongue	T4AN2c	Median LLN*	
2020	Eguchi [18]	55yo M	Tongue	T4aN2b	Median LLN (lingual septum)	Unilateral

these, 126 tongue, 48 floor of mouth and seven combined lesions gave a total of 181 patients who were included in the study. Fourteen patients (7.73%) harboured LLN in their resection specimens (Table 1). There were eight males and six females. Their average age was 61.85 (range: 56-72). Three of these patients (21.4%) were identified as having positive LLN; one had a median LLN and two had a lateral LLN. The average

depth of tumour invasion was 11.02 mm (range:1-20 mm). Twelve patients had a tumour DOI greater than 5mm while eight of these had a DOI greater than 10 mm.

Specifically, there were:

- I. Two positive L-LLN in each of an N⁰ and N⁺ neck

- II. Four negative L-LLN in N⁰ necks
- III. Six negative L-LLN in N⁺ necks
- IV. One positive M-LLN in an N⁰ neck
- V. One negative parathyroid-lingual (PH-LLN) in an N⁺ neck

The relevant literature review has been based on the tabulation of ten isolated case reports (Table 2) [9-18] and seven larger case series. (Table 3) [19-24].

Discussion

Lingual lymph node metastases have been identified in the resection specimens of SCC oral tongue and floor of mouth. The presence of positive LLN that are not removed as part of a conventional wide local excision and discontinuity neck dissection could potentially be responsible for loco-regional recurrence (persistence). The purpose of our study was to calculate the frequency of LLN and the incidence of their involvement in a cohort of patients who had undergone surgical management of an SCC of either tongue or floor of mouth.

The anatomical characteristics of the tongue and for that matter the adjacent conduit of the lingual sulcus (aka floor of mouth) may unfortunately predispose these two structures to tumour involvement outside of the field of conventional wide local surgical excision. That is, it is evident that the primary tumour can invade unhindered into the substance of the tongue and floor of mouth and that resultant tumour emboli can be taken up into the lymph - capillary networks or spread peri-neurally and readily predispose to loco-regional and subsequent distant disease.

Lymphatic system and lymphatic drainage of the tongue-floor of mouth

The lymphatic system consists of a unidirectional vessel network that re-cycles interstitial fluid, protein and waste and, in addition, acts as a conduit for the passage of immune competent cells [25]. In addition to its processing of a wide variety of antigenic challenges (which affords immune competence), it unfortunately also facilitates the dissemination of cancer cells by either infiltration, permeation or embolization.

The structural components that constitutes the lymphatic drainage of the tongue have been well studied over the last 150 years [26-28]. The cumulative results of these studies conclude that the lymphatic drainage of the tongue is structured on a bilayered lympho-capillary network (superficial = sub epithelial plexus and deeper muscular network) that sequentially drain into a pre-collecting and collecting deep fascialsiphon. The fluid is then conveyed into an afferent (pre-nodal vessel) and thereafter via an efferent (post-nodal vessel) as well as via a variety of internodal connections. The final common pathway and return of the filtrate to the venous system is facilitated via either the right lymphatic duct or the (left) thoracic duct. The defined and anastomosing lymph networks within the tongue may or may not respect putative anatomical boundaries, such as the sulcus terminalis and the median sulcus.

Cervical nodes

The regional lymphatic nodal system that subserves the head and neck, and in particular its visceral and muco-cutane-

Table 3: Published case series identified in literature.

Year	Author	Patients	Site	Stage	Findings	
1997	Omura [19]	472	Tongue Floor of mouth		7/385(1.9%) 2/87	7 LLN 1 L-LLN 1 L-LLN/M-LLN
1999	Woolgar [22]	99	Lateral Tongue Ventral Tongue	T3 T4 T2 T4	2/60 (5.05%) 1/39 2/39	M-LLN M-LLN M-LLN L-LLN
2009	Ando [20]	248	Tongue	Specifically T1/T2	14/223 (6.3%)	Parathyroid*
2016	Suzuki [21]	100	Tongue		8/100(8.0%)	3 ant L-LLN 1 post L-LLN 4 parathyroid
2018	Jia [23]	111	Tongue Floor of mouth	N2	19/111(17%) 5/111(4.5%)	LLN identified LLN*
2019	Fang [24]	231	Tongue		58/231(25%) 33/231(14.3%)	LLN identified LLN*
2020	Hoffman	181	Tongue Floor of mouth	T3N2A T2N1 T2N2B	11/181(7.73%) 3/181(1.65%)	LLN L-LLN* M-LLN* L-LLN*

(TOTAL: 6 Studies LLN*: 1.65%, 1.9%, 4.5%, 5.05%, 6.3%, 8.0%, 14.3%)

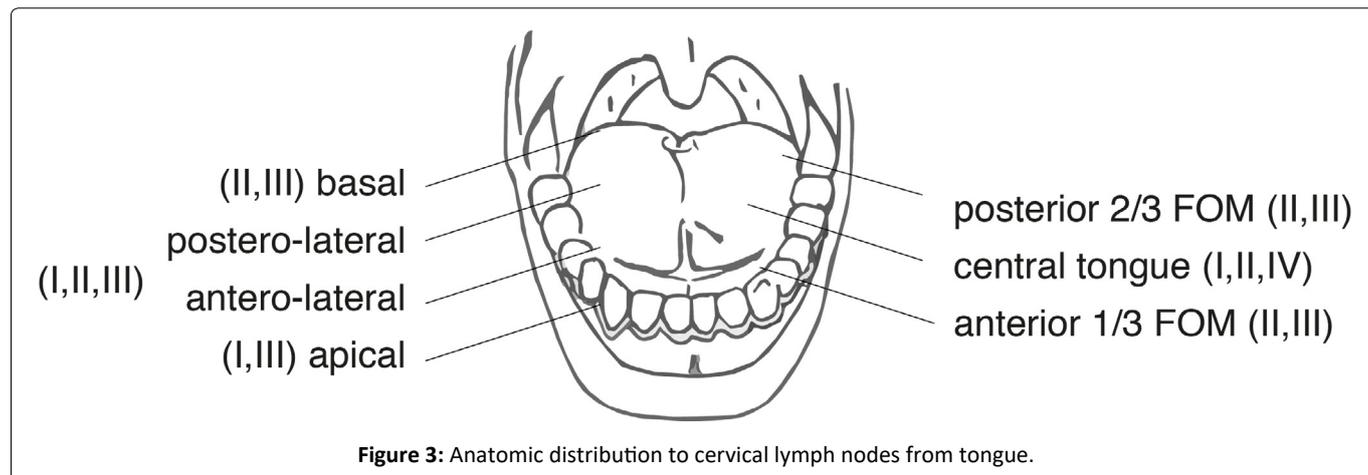


Figure 3: Anatomic distribution to cervical lymph nodes from tongue.

ous contributions, generally occurs in a relatively predictable and sequential manner, being directed to defined anatomic sub groups within the cervical nodal basin [29-31]. The tongue has been shown to be drained by an organized network of submucosally located collecting lymph vessels and thereafter to the cervical nodal groups indicated in Figure 3.

Sentinel nodes, in-transit/interval/intercalated nodes

The sentinel node is defined as “the first lymph node that receives lymph flow from a primary tumour” [15]. It is therefore reasonably thought to be the node that would most likely contain metastatic carcinoma. The value of surgical sampling such nodes has been well described for breast cancer and melanoma, [15] though not conclusively for muco-cutaneous HN SCC.

There are a group of nodes that can be identified in close contact with lymphatic channels that are located between a primary tumour and the more defined regional draining nodes. They are variously termed In-Transit, Interval or Intercalated lymph nodes. The metastatic involvement of such nodes can be considered to be a cause of local tumour recurrence.

Lingual lymph nodes (LLN): Anatomic and cadaveric studies

The lingual lymph nodes (LLN) were first described by Rouviere in 1932 [27]. They are considered as In-Transit lymph nodes that can occur interposed between the recognised lymphatic channels of the tongue and floor of mouth and the regional cervical lymph nodes. They have been identified as occurring in three sites:

- i) Lateral LLN - are located on the outer surface of the genioglossus muscle (between the tongue and sublingual gland, along the lingual vein and above the lingual nerve) in the paramedian septum.
- ii) Median LLN - are located in the median septum.
- iii) Deep Lingual node - located at the root of the lingual artery, in the parahyoid region, deep to hyoglossus muscle in the postero-basal midline. Notably, they are superficial

to the mylohyoid muscle.

Ananian, et al. [32] undertook an adult (age range: 57-94) cadaveric study to investigate the presence and anatomical disposition of LLNs. They studied 21 formalin fixed specimens and separated each dissected oral cavity into five defined compartments: A: median nodes located between genioglossi and geniohyoidae and two paired (right-left) lateral compartments. BB: [1] parahyoid - nodes located along the lingual artery near to corner of the hyoid; and CC: [1] paraglandular - nodes located in close proximity to the sublingual gland. In the total number of dissected cadaveric specimens (n = 21), they observed n = 0 (0%) median LLN and n = 5 (23.8%) paraglandular - parahyoid LLN. In one of these specimens they identified multiple unilateral nodes (n = 3), which gave a total of 7 nodes in 5 relevant specimens.

Katyama [33] (as cited by Ananian) undertook an investigation of the oral cavity lymphatic system in a group of embryonic and neo natal cadavers and found an incidence of 15.1% median LLN and 30.2% lateral LLN. The difference between the incidence of juvenile and adult LLN reflected in the findings of the two studies may be due to the inherent predisposition that lymph nodes have to undergo involution with age, and in particular to undergo either atrophy, fibrosis or lipomatosis.

Pan, et al. [34] investigated the senile changes that can occur in lymph nodes and identified that connective tissue can infiltrate and efface the entire lymph node architecture. They introduced the term, “transparent lymph node”. However, significantly, it is unknown as to whether nodes such as these continue to function as a viable immune competent sub-unit.

As one further observation, in addition to the demonstration of LLN, we have anecdotally periodically noted in our histopathology reviews the presence of small sub-epithelial aggregates of what could be considered as examples of mucosal associated lymphoid tissue (MALT). These are most often represented by dense clusters or organoid deposits of lymphocytes and are in agreement with the observations of Ananian, et al. [32]. The relevance and functional significance of these in relation to architecturally structured LLN remains speculative.

Neck dissection: History, evolution, and current status

The late 19th and early 20th centuries bore witness to the seminal publications of Halstead [35] (breast cancer) and Miles [36] (rectal cancer). Each study respectively considered the “centrifugal spiral” and the “zone of upward spread” of tumour cell migration, that can occur from the primary site to the regional lymph nodes. This philosophy was subsequently translated by Crile [37] who proposed a similar comprehensive (regional) lymphadenectomy to manage HNC. This underpinned the further development of neck dissection throughout the remainder of the 20th century. “Radical neck dissection”, [38] “Commando en-bloc resection” [39] (ostensibly to capture perimandibular lymphatics, to facilitate mandibular resection when involved and to afford access to the tongue base and pharynx) and “pull through” or “drop out” [40,41] in-continuity operations were all variably applied to oral cancer management throughout the first half of the 20th century.

A return to transoral resection coupled with the identification of site-specific patterns of lymphatic drainage [42,43] engendered the philosophy of elective-selective (and super-selective) as well as modified neck dissections. In recent years, sentinel node (SN) identification (first echelon nodes that may harbour occult disease in the form of individual tumour cells and micro metastases) and excision has been promoted as perhaps an ultra-conservative approach to stage the neck (and address occult disease) in small micro-invasive T1 T2 (N0) oral cavity tumours [10,44].

There remain contentious theoretical problems that need to be highlighted in the application of SN excision for tongue and floor of mouth SCC. The uptake of radio-colloid or radio-isotope may be concordant for SN that are in close proximity to the primary site, and the resultant “shine through phenomenon” that occurs in this situation may make the two indistinguishable [45]. The generally high number of SN that can occur in oral tongue SCC (reportedly a mean of approximately three) [4] combined with their sometimes inaccessible location (i.e.: If they are LLN) may ironically make the undertaking of an elective selective lymphadenectomy an easier and safer proposition [46]. In addition, SN excision may still remain a short fall for both the detection and removal of in transit disease (that which lies between the primary site and the sentinel node).

Steinhart and Kleinsasser [47] have proposed similar mechanisms for the growth and spread of SCC of the floor of mouth. These include infiltration through the sublingual gland (via direct extension or indirect lymphatic permeation) and infiltration through the intrinsic muscles of the tongue or in the potential space between the tongue and the genioglossi musculature.

The idiosyncratic anatomy of the region has provided support for the premise of the undertaking of “compartment (tongue) resection” in association with an in-continuity neck dissection to manage SCC of the tongue and floor of mouth [48]. Calabrese, et al. [49] proposed and researched the tech-

nical aspects of undertaking “Compartment Tongue Surgery” resection (CTS) to manage SCC of the tongue. They described CTS as an anatomical approach to resection based on the longitudinal removal of both the primary malignancy and the potential pathways that are likely responsible for its progression. This would include removal of the “at risk territory” that acts as a bridge between the primary and the draining cervical lymph nodes. They investigated 193 patients (50: Marginal resection and 143: Compartment resection). They concluded that CTS was associated with a significant decrease in loco-regional recurrence at 5 years.

A similar resection philosophy was subsequently espoused and investigated by Piazza, et al. [50]. They pre-operatively imaged the tongue and floor of mouth to assess tumour depth of invasion (thickness). They investigated 35 naïve (untreated) and 10 recurrent (previously treated) SCC. The patients were managed by en-bloc removal of the hemi-tongue, ipsilateral floor of the mouth, and muscles comprising the oral pelvis in combination with an in-continuity neck dissection. They concluded that CTS improved the outcome for tumours in the order of 10mm in thickness but only in naïve cases.

Wang, et al. [51] claimed that to date, consensus has not been reached as to whether in continuity or discontinuity neck dissection is more appropriate for treating patients with SCC of the tongue or floor of mouth. They conducted a meta-analysis of eight studies which involved a total of 796 patients and found that in-continuity neck dissection especially for T2 and T3 SCC provided a statistically significant lower incidence of loco-regional recurrence than its discontinuity counterpart.

Our study has some obvious strengths. One surgeon undertook the resective procedure in the same manner, and one pathology group assessed the specimens. The study cohort was homogenous and is comparable in size to series reported in the literature.

The weakness of the study is the reliance on the perseverance of each pathologist in trying to identify all LLN or lymphoid aggregates that may be present in the submitted specimen. Another criticism may be that as pathologists gained experience over the study period they became increasingly interested and adept at identification of lymphoid tissue in the sublingual compartment (this would presumably have led to an underestimation of the incidence of LLNs initially and overall). In addition, we excluded those SCC tongue and floor of mouth that were solely treated by wide local excision and primary closure (the most superficial and limited cancers).

We propose the undertaking of a sublingual compartment resection in combination with an appropriate neck dissection, in particular for anything other than T1 micro invasive SCC of tongue and floor of mouth, is reasonably indicated for at least three reasons:

- (i) Preoperative staging is unlikely to accurately predict prognosis (misses Brandwein-Gensler risk factors [8], as well as the deepest invasion across the entire tumour)
- (ii) To capture the potential undetectable in-transit disease

that would escape standard wide local excision

(iii) To capture the inconstant lingual lymph nodes which would also escape both detection and resection

In conclusion, squamous cell carcinoma of the tongue and floor of mouth is an aggressive disease which continues to have a significant failure rate despite adequate 'marginal' clearance. Lingual lymph node (metastases) have been identified in the resection specimens of these malignancies. The presence and metastatic involvement of these LLNs portends a poor prognostic outlook if not removed. We believe that there is justification to undertake a sublingual compartment resection in combination with an appropriate neck dissection for anything greater than T1 micro invasive SCC of tongue/floor of mouth. The oncological imperative of such treatment enhances the capacity to capture both in-transit lymph vessels and lingual lymph nodes, both of which may harbour occult disease and which may be responsible for local treatment failure if omitted from resection.

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Conflict of interest

None to declare

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