Case Report

CT Features of COVID-19: A Case Report

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Abstract

We describe here the Chest CT imaging features of a 68-year-old man presenting with fever (37.5 °C), malaise, dyspnea and persistent dry cough for 7 days. The patient was seen by his GP, then sent to us for a CT and treated as a suspect even before exam execution, with all PPE and safety measures adequately put in place. Chest CT showed strikingly remarkable signs of interstitial pneumonia, compatible with COVID-19. The patient was immediately subsequently referred to the local COVID center, where the suspected diagnosis was confirmed.

Discussion

The exam was executed following the indications sent in mid-March 2020 by the Italian Society of Radiology (SIRM) [1]: Supine, volumetric, thin-slice (1 mm), non-contrast and high-resolution acquisition, in inspiration, visualized with correct windowing (W/W 1500/-600).

As pointed out in this [2] case collection from patients in Wuhan, China, it appears we scanned our patient while in the second week from the start of the disease, the one in which focal, unilateral ground-glass opacities progress to diffuse bilaterally and rather symmetrically.

In fact, the pattern we found in our patient strikingly resembles that of patients examined in Rome in this prospective study [3]: The images show bilateral, posterior, peripheral diffuse ground-glass opacities, with ill-defined margins and multi-lobe involvement (Figure 1).

While all lobes in both lungs are affected, there is a

Figure 1: Transverse section, thin-slice (1 mm): Bilateral, posterior, peripheral diffuse ground-glass opacities, with ill-defined margins and multi-lobe involvement.

Figure 2: Coronal posterior section. Bilateral, peripheral, almost symmetrical ground-glass opacities mainly affecting the Upper Lung lobes and upper segments of both lower lung lobes.

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The sub-segmental vessel enlargement we noted, already widely reported in literature, should not be overlooked and reported, as it could be a CT marker for more severe cases susceptible to antibody therapy.

References

Figure 3: Transverse section at the Upper Lung Lobes. Sub-segmental vessel enlargement in both upper lung lobes (ø max 4.4 mm, in the Right Upper Lung Lobe).